

The Influence of PAK Teachers' Example on the Personality of Class VIII Students of SMP Negeri 3 Tarutung, North Tapanuli Regency for the 2023/2024 Academic Year

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Abstract. The purpose of this study was to determine the influence of the example of PAK teachers on the personality of grade VIII students at SMP Negeri 3 Tarutung, North Tapanuli Regency for the 2023/2024 academic year. The method used in this study is a quantitative research method with descriptive and inferential statistical approaches. The population is all grade VIII students of SMP Negeri 3 Tarutung, North Tapanuli Regency for the 2023/2024 academic year who are Christians, totaling 180 people and a sample of 54 people was determined from the total population using the proportional random sampling technique according to strata (Proportionate Staratifiet Random Sampling). Data was collected with a positive closed questionnaire of 46 items where 26 items were for variable X and 20 items for variable Y. The results of the data analysis showed that there was a positive and significant influence on the role model of PAK teachers on the personality of grade VIII students at SMP Negeri 3 Tarutung, North Tapanuli Regency for the 2023/2024 academic year: 1) Influence Test: obtained regression equation $Y = 32.38 + 0.49X$. b) From the linear regression test, it can be proven that the influence of variable X (PAK Teacher Example) on variable Y (Student Personality) is positive because the regression coefficient (β) = 0.49, Furthermore, the t test to test the significance of the regression coefficient (B) obtained $t_{\text{calculate}} = 5.008 > t_{\text{table}}$ which is 2.000. Thus, H_a is that there is a positive and significant influence on the role model of PAK teachers on the personality of grade VIII students at SMP Negeri 3 Tarutung, North Tapanuli Regency for the 2023/2024 academic year, accepted and H_0 rejected.

Keywords: Exemplary, Personality, PAK Teacher

INTRODUCTION

As individuals who are in transition, students experience a lot of emotional turmoil that has an impact in the form of relationships with others positively and negatively. The various changes that students experience as a result of the transition period they experience cause feelings of uncertainty, anxiety, doubt and feelings of inferiority.

The various changes that students experience as a result of the transition period they experience cause feelings of uncertainty, anxiety, doubt and feelings of inferiority. Slow can also affect a student's personality. When parents lack guidance or direction or even attention to personality changes experienced by students in a severe emotional form, then at that time the child or student needs guidance or attention. Similarly, teachers or educators, who not only deliver material but are also able to foster, shape the person of the student.

Students who are in their transition period really need other people who are able to provide direction and guidance to shape the personality and also need good figures who should be exemplified so that the strong personality of students comes from the example of the PAK teacher himself, seen in the personality of the student. Sujanto suggests that personality is a complex psychophysical totality of individuals, so it appears in their unique behavior (Sujanto, 2009).

Actually, teachers are no longer seen only as teachers in the classroom, but are also expected to appear as educators who can be role models for students. The teacher is a model or role model for students and everyone who considers him as a teacher. It is clear, then, that the teacher of Christianity is to be a good example as written in 1 Timothy 4:12b: "Be an example of believers, in word, in your conduct, in your love, in your faithfulness and in your chastity."

PAK teachers are teachers who determine the basis or foundation for the development of students' personalities, therefore the principle of learning through example is very important so that students are not only rich in religious knowledge but experience and emulate the attitudes of their religious teachers who become role models for their attitudes and behaviors. A PAK teacher must understand the person of Jesus as a teacher whom he must emulate in his life and in carrying out his duties as a teacher. In accordance with the author's observations in school observations at SMP Negeri 3 Tarutung, it can be seen that with the problems that occur, students do not have a good personality, it can be seen from students who often quarrel and disturb their friends during the learning process, students who are late for worship every morning, there are still students giving inappropriate offerings, do not have a sense of responsibility as a student, we can see the delay in entering school, do not bring the Bible to the time of Christian study. This study aims to see the positive and significant influence of PAK Teacher Exemplary on the Personality of grade VIII students at SMP Negeri 3 Tarutung, North Tapanuli Regency for the 2023/2024 academic year.

METHODS

The method used in this study is quantitative method, with descriptive and inferential statistical approaches. The population is all grade VIII students of SMP Negeri 3 Tarutung North Tapanuli Regency who are Christians, divided into six (6) classes totaling 180 people and the sample is determined to be 54 people. To collect variable data used is a closed questionnaire consisting of 4 options, namely a, b, c, and d. so that students only choose answers that are already available. Before the instrument is used as a research instrument, it is first tested with a validity test using the Product Moment correlation formula. From the validity test, r_{xy} was obtained for the variable X questionnaire, namely items number 1 to item number 26, it is known that 26 items are valid because the calculation is (between 0.364 to 0.696) $> r_{table} = 0.361$. While the validity test obtained r_{xy} for the questionnaire variable Y, namely items number 27 to item number 46, it is known that 20 items are valid because recalculate is (between 0.365 to 0.750) $> r_{table} = 0.361$. Thus, 46 valid questionnaire items can be used as research instruments. Test reliability with Cronbach's Alpha Formula. From the results of the X variable questionnaire reliability test, $r_{11} = 0.827$ is in a very strong interpretation, which is between 0.800-1.000. The results of the Y variable questionnaire reliability test obtained $r_{11} = 0.837$ are in a very strong interpretation of 0.800-1.000 so that thus the questionnaire is reliable and can be used as a research instrument. Thus all questionnaire items are reliable and can be used as research instruments. Data analysis using homogeneity test and t-test used is t-test pool variant.

RESULTS

The results showed that the item that had the highest weighted value regarding the Exemplary Teacher of PAK Class VIII SMP Negeri 3 Tarutung, North Tapanuli Regency for the 2023/2024 academic year was item number 15 with a score of 187 and an average score of 3.46, where most students answered that PAK teachers always hold remedial exams for students. While the lowest weighted score among the questionnaires mentioned above was number 17 with a score of 123 and an average score of 2.28, most students answered that PAK teachers are sometimes willing to educate students with patience. Overall, the example of PAK teachers in Class VIII of SMP Negeri 3 Tarutung, North Tapanuli Regency for the 2023/2024 academic year is good because the average score shows 2.91.

The results showed that the item that had the highest weighted value about Student Personality was item number 39 with a score of 201 and an average score of 3.72, that is, most students answered that students always find it helpful to feel optimistic in facing the future if the PAK teacher is always diligent in giving praise to students who complete assignments on time. While the lowest weighted score among the questionnaires mentioned above was number 45 with a score of 110 and an average score of 2.04, most students answered that students sometimes feel helped to be able to establish friendships with others through the help and guidance provided by PAK teachers. Overall, the personality of Class VIII students of SMP Negeri 3 Tarutung, North Tapanuli Regency for the 2023/2024 academic year is good because the average score shows at 3.05.

The regression equation shows that in a constant state = 32.38, for every addition of variable X (PAK Teacher Example) by one unit unit, there will be an addition of variable Y (Student Personality) of 0.49 from the value of PAK Teacher Exemplary (variable X). Furthermore, the significance test of the influence is known that the $t_{count} > t_{table}$ is $5.008 > 2.000$.

Based on the results of the positive influence test above, the $t_{table} >$ was obtained which was $5,008 > 2,000$. From this value can be determined the research hypothesis whether it is accepted or rejected. Therefore, from the provisions above, H_0 is rejected and H_a is accepted, namely there is a positive and significant influence between the example of PAK teachers on the personality of grade VIII students of SMP Negeri 3 Tarutung, North Tapanuli Regency for the 2023/2024 academic year.

In general, personality can be said to be a form or image of humans as a whole which includes all actions and existence. Personality is a very unique part of the human self, that is, humans have a considerable tendency to respond to everything. Personality is related to character characteristics, the arrangement of elements of reason and soul that determine differences in behavior between a person and others. Saeful (2018: 196) states that "personality" or personality as an arrangement of elements of reason and soul that determine differences in behavior or actions of each individual human being. On the other hand, Sumadi (2015: 205) in his book defines personality as follows. Personality is the dynamic organization of the psycho-psychic system within an individual that determines unique ways of adjusting to his or her environment.

From the two opinions above, it can be concluded that personality is a dynamic organization or arrangement in individuals describing physical, mental, emotional, social, and spiritual conditions that determine the complete adjustment of humans in the environment. Dariyo suggests that a good personality can be observed by: 1) Being fostered in his behavior, such as having discipline, giving time in doing tasks; 2) Able to view life and personal life positively, namely having firmness, *tengasan* teacher pak to help students to be more diligent; 3) Have a good understanding and self-acceptance, namely respecting the body, wearing neatly; 4) Think positive and have strong self-control, namely Think positive and able to control yourself in a better direction, able to restrain emotions; 5) Have self-confidence and positive self-concept, namely Have good self-confidence, self-confidence; 6) Feeling optimistic about the future of his life, namely Feeling optimistic in facing the future, more optimistic in achieving goals; 7) Having a loving nature in him and the nature of helping others, namely being encouraged to visit friends when they are sick, being encouraged to help others who are experiencing difficulties; 8) Have a high sense of responsibility, namely feeling encouraged to always be responsible for actions, increasingly have a sense of responsibility for various things that become duties and obligations; 9) Able to live friendships with other individuals, namely Feeling helped to be able to establish friendships with others, easier to get along with other students. From the above opinion, it is concluded that the personality traits of students are: 1) Spiritually cultivated; 2) Be fostered in his behavior; 3) Able to view life and personal life positively; 4) Have good self-understanding and acceptance; 5) Think positively and have strong self-control; 6) Have self-confidence and a positive self-concept; 7) Feeling optimistic about the future of his life; 8) Have a loving nature in him and a helping nature for others; 9) Have a high sense of responsibility; 10) Able to live friendships with other individuals.

The Exemplary Teacher of PAK

Example is something very important in everyone's life by example for each person to be a role model for others. A Christian religious education teacher is expected by his children to be role models for students to reflect on their personalities. It is said that exemplary comes from the root word "exemplary", something exemplary or exemplary. So example is something that can be imitated or exemplified. Djamarah (2020: 33), suggests that: as an example, a teacher must have a personality that can be used as a profile and idol, and his whole life is a complete person. That is the impression of the teacher as an ideal person. If the teacher does not do well or well enough, his authority will be lowered, and his charisma will slowly disappear from his identity. Nainggolan (2007: 25) said that: Exemplary PAK teachers must still teach the truth and have a commitment to teach, even with inadequate facilities. The PAK teacher should be an example in word and deed as taught by Jesus the Great Teacher. From these opinions it can be concluded that the PAK teacher is a teacher of Christian religious education, his personality and attitude are taught by teachings and deeds, which are reflected in teaching and implemented in everyday life, students can imitate and learn from them. Perform duties and responsibilities as educators and student guides in accordance with the teachings of the Lord Jesus Christ.

Brummelen said (in Marpaung and Aritonang, 2021: 33-39) the exemplary characteristics of PAK teachers are: 1) Exemplary in words; A PAK teacher provides good

information to students and good words and there is always constructive communication to students. 2) Examples in behavior are; Live with faithfulness to God and behave in accordance with the truth of God's word and Be faithful to students if students experience difficulties and help them and Lead students in courteous behavior with teachers present at school and in classrooms on time. 3) Exemplary in faithfulness; Serving in God, for example, service in the church environment and Living in faithfulness, giving his life only to God as a helper and savior, and Faithful to students if experiencing difficulties or success in receiving learning 4) Care for students; Christian Education teachers always pay attention to each student's person, and do justice to students and give help to students 5) Loving; Christian Education teachers must love their students as themselves and strive or direct the best for their students. 6) Patience, Christian Education teachers in this case are not easily emotional and face all problems calmly, educate and direct students with patience with different student personalities. 7) Firm; Christian Religious Education teachers in making decisions must be in accordance with the truth. Saying right if right, wrong if wrong and having a strong opinion. From the above opinion, it can be concluded that the characteristics of Master PAK's example are: 1) Exemplary in words; 2) Exemplary in behavior; 3) Exemplary in faithfulness; 4) Care for students; 5) Loving; 6) Be patient; 7) Firm; 8) Exemplary personality; 9) Exemplary in terms of teaching; 10) Exemplary in terms of association.

The Influence of PAK Teachers' Role Models on Student Personality

PAK teachers have a great responsibility to educate and guide students so that students are able to use the gifts given to serve the Lord and their fellowmen. Encourage students to be responsible for improving their own abilities. PAK teachers should be able to show attitudes and behaviors that are appropriate for students to imitate for their personality development. Belandina (2009: 1) suggests that PAK teachers are teachers who determine the basis or foundation for the development of student personality, therefore the principle of learning through example is very important so that students are not only rich in religious knowledge but experience and exemplify the attitude of their religious teachers who become role models for their attitudes and behaviors. Naibaho (2021: 73) suggests that Christian Education Teachers not only serve as teachers but also caregivers and coaches, educators who convey the gospel not only in the form of teaching but especially in terms of the example they show in their lives. Proverbs 22:6 says, "Train up an easy man in the way he should go, and in his old age he does not depart from it. Christian education teachers instill Christian values that students must apply to have a personality that believes in Jesus. The Religious Education teacher also sets an example in applying the values he teaches. Thus, students can emulate it.

From the above opinion, it can be concluded that the example of Christian Education has a very big influence on student personality because Christian Religious Education teachers determine the foundation for student personality development with the example that teachers have through learning principles is very important so that students are not only rich in religious knowledge but experience even better personality changes. In addition to teaching, Christian Education teachers also have a responsibility for students' personalities by instilling Christian values in students and Christian Education teachers should reflect attitudes and behaviors that are appropriate to be used as examples and can be imitated by students to shape students' personalities in a better direction.

DISCUSSION

From the distribution of the results of students' answers about the PAK Teacher's Example, it is known that Student Personality is increasing. The things that teachers do in showing their example are as follows: 1) Examples in words, including by providing good information to students, giving good words to students, and constructive communication to students; 2) Examples in behavior, including living faithfully to the Lord, being faithful to students when students experience difficulties, and leading students with courteous behavior; 3) Examples of faithfulness, including serving in the Lord, living in faithfulness, and being faithful to students in times of difficulty or success in receiving learning; 4) Care for students, among others, by being fair to students, providing assistance to students, and paying attention to each student's personality; 5) Loving, among other things by loving students, directing students to better things, and providing solutions to problems faced by students; 6) Patience, among others, by not being easily emotional, educating and directing students with patience, and inviting students to discuss the material that has been learned outside of learning hours; 7) Assertive, among others, saying right if right, wrong if wrong and having a strong opinion; 8) Role models in terms of personality, including showing congruence between speech and deed, dressing modestly and neatly; 9) Examples in terms of teaching, including teaching simply or can allude to everyday life matters, using various methods in teaching. And 10) Role models in terms of association, including establishing harmonious relationships with each student, knowing student development.

So with the example of the PAK teacher, the students' personalities improved in a better direction shown by students with their attitudes, including: 1) Spiritually cultivated, namely accepting the Lord Jesus as a savior and encouraging more independent Bible study; 2) Cultivated in his behavior, namely having discipline and giving time in doing tasks; 3) Able to view personal life positively, namely having the firmness and firmness of PAK teachers to help students to be more diligent; 4) Have a good understanding and self-acceptance that is to appreciate the body by caring for it and dressing neatly; 5) Think positive and have strong self-control i.e. think positively and be able to control yourself and be able to restrain emotions; 6) Have self-confidence and positive self-concept, namely having good self-confidence and confidence when the Christian Religious Education teacher asks to sing; 7) Feeling optimistic about the future of his life, namely feeling optimistic in facing the future and more optimistic in achieving goals; 8) Having a loving nature in him and a helping nature of others, namely being encouraged to visit friends when they are sick and encouraged to help others who are experiencing difficulties; 9) Have a high sense of responsibility, namely feeling encouraged to always be responsible for actions and increasingly have a sense of responsibility for various things that become duties and obligations; 10) Being able to live friendships with other individuals, namely feeling helped to be able to establish friendships with others and more easily get along with other students.

From the analysis requirements test, which is to test whether there is a positive influence between variable X and variable Y, namely with the regression equation $\hat{Y} = a + bX$. So a simple regression equation is obtained, namely: $\hat{Y} = 32.38 + 0.49X$. Thus, it is known that there is a positive influence between variable X and variable Y, namely a positive influence between the

example of PAK teachers on the personality of Class VIII students of SMP Negeri 3 Tarutung, North Tapanuli Regency for the 2023/2024 academic year.

From the analysis requirements test, which tests whether there is a significant influence between variable X and variable Y, obtained from the calculated value = 5.008 compared to the ttable value for errors and $n-2 = 52$, which is 2.000. A ratio of $t_{\text{calculate}} > t_{\text{table}}$ was obtained, which was $5.008 > 2.000$. Thus, it is known that there is a significant influence between variable X and variable Y, namely a significant influence between the example of PAK teachers on the personality of Class VIII students of SMP Negeri 3 Tarutung, North Tapanuli Regency for the 2023/2024 academic year.

CONCLUSION

From the results of the study, it is known that from the hypothesis test, the value of t is obtained $> t_{\text{table}}$, which is $5.008 > 2.000$, then the research hypothesis is accepted. So it can be concluded that there is a positive and significant influence between the example of PAK teachers on the personality of grade VIII students of SMP Negeri 3 Tarutung, North Tapanuli Regency for the 2023/2024 academic year.

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